

Lexington Youth Basketball Rules:

1. The entire league shall be under the direction of a supervisor.
2. The supervisor shall have complete authority over all activities in the facility and the enforcement of all rules and regulations. They will have complete determining authority over any situation that may arise.
3. The supervisor, with just cause, may terminate all activities and lock the facility.
4. Basketballs will be provided by the Recreation Commission. Please refrain from bringing basketballs in the gym on Saturdays except for those that the coach takes responsibility for.
5. Every effort should be made to start all games on time. Coaches shall have their team's line-up ready for the official scorekeeper at least 10 minutes before game time.
6. Teams will consist of no more than 10 or 11 players on a roster.
7. Head Coaches may claim his/her child to play on their team.
8. Each player present must start and finish a least 1 complete quarter in the first half. When a player is inserted at the beginning of the quarter, that player must remain in until they complete that entire quarter. There are NO EXCEPTIONS unless a player is sick, injured, fouls out or is unable to play because of disciplinary problems. No player can substitute or be substituted for unless they have completed their mandatory playing time, are sick or injured. Substitutions are at the coach's discretion after each player has fulfilled their mandatory playing time. Failure to abide by this rule may result in suspension of the coach from their next ball game.
9. Coaches can practice their team at least 1 but not more than 2 times per week.
10. All ties in league standings will be decided by head to head match-ups.
11. League playoff seeding will be determine by regular season win/lose record. All tournament games will take place after the last week of the regular season.

12. If a game remains tied after the first 2 minute overtime, then the game will go into “SUDDEN DEATH”. This means that the 1st team to score, by any means during “SUDDEN DEATH”, will be proclaimed the winner.
13. Official High School Basketball rules will be used with exception to our League rules stated below. Head Coaches may stand up and instruct, but Assistant Coaches must remain seated on the bench during games. It will be left to the official’s discretion as to how strictly they will enforce Head Coach standing on courtside rule.
14. Players who make a Middle School, C Team, B Team or High School team are not eligible to participate in the Recreational League. Players who are on school teams are required to notify the Athletics office and receive a full refund for fees paid to the league. If players are found to have participated in the league after making a school sponsored team, their team will forfeit any games they are confirmed to have played in and the player will be removed from the league without a refund.
15. Each Coach is responsible for keeping their players off of the playing area when they are not participating in a game. Coaches who are removed, ejected from a game or ejected after **2 technical fouls** will be suspended from attending and/or coaching their next game.
16. **The length of each quarter will be 10 minutes.**
 - a. All leagues will have a running clock. The clock will only stop for:
 - i. Officials time out
 - ii. **Team time out –Limited to 4 timeouts per game (2 per half)**
 - b. **A regulation clock will be used during the last 2 minutes of the 4th quarter unless a team is ahead by 15 or more points.**

17. No team who is 10 points ahead may full court press as long as they remain 10 points ahead.

1st Violation of this rule will result in a warning. 2nd Violation of this rule will result in a

Technical Foul. Any violation after the 1st warning will result in a Technical Foul

18. 7-8 Age Group Rules:

- a. No pressing will be allowed in the 7-8 year old age group.
- b. Boys (7-8 age group) and girls (7-8 age group) will play with a 5 second lane and a 15 second back court.
- c. The boys and girls (7-8 age group) will play on 8 foot goals.
- d. There will be no 3 point baskets counted in the 7-8 age group. Three point baskets will count for all other age groups
- e. The boys & girls (7-8 age group) will have a 12 foot free throw line. They will not play with the 3 point shot.
- f. Boys and Girls will play with a size 27.5 ball.

19. 9-10 Age Group Rules:

- a. The boys (9-10 age group) will play on 10 foot goals.
- b. The girls (9-10 age group) will play on 9 foot goals.
- c. Boys and Girls (9-10) will play with a 3 second lane and a 10 second back court.
- d. Boys and girls will play with the smaller ball (28.5).
- e. Any type of defense may be used in the age groups 9-10.
- f. Pressing will not be allowed in the 9-10 Girls Division.
- g. The girls will shoot from the 12' free throw line.

20. 11-12 Age Group Rules:

- a. Any type of defense may be used in the age groups 11-12.
- b. Boys and Girls will play with a 3 second lane and a 10 second back court.

- c. The boys and girls (11-12 and 13-15) will play on 10 foot goals.
- d. The Boys will use a 29.5 size ball. The Girls will use a 28.5 size ball

21. 13-15 Age Group Rules:

- a. The boys and girls will play on 10 foot goals.
- b. Boys and Girls will play with a 3 second lane and a 10 second back court.
- c. The Boys will use a 29.5 regulation size ball. The Girls will use a 28.5 size ball
- d. Any type of defense may be used in the age group 13-15.